

“The Way We Worship”  
Romans 12:1,2  
Leviticus 9:1-6, 23-24

Four principles of praise and worship:

1. Genuine praise and worship is very serious to God
2. Genuine praise and worship is spontaneous , not programmed
3. Genuine praise and worship will always offend some people
4. Genuine praise and worship flows from a heart of humility

Principle – When we worship God’s way- we experience God’s glory.

“Therefore, I urge you, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God – this is your spiritual act of worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind.” Romans 12:1, 2

Principle: Worship comprises our total being, made alive in the Holy Spirit.

“Through Jesus, therefore, let us continually offer to God a sacrifice of praise – the fruit of lips that confess his name.” Hebrews 13:15

“You also, like living stones, are being built into a spiritual house to be a holy priesthood, offering spiritual sacrifices acceptable to God through Jesus Christ.” 1 Peter 2:5

Principle: Worship means to lay yourself before the Lord.

Principle: The essence of worship is not physical prostration as much as the breaking of pride.

We are to worship God with our entire being.

We are to worship him:

1. With our spirit

“God, whom I serve with my whole heart in preaching the gospel of his Son, is my witness how constantly I remember....” Romans 1:9

- Worshipping in the Spirit (John 4:23,24)
- Singing spiritual songs (Colossians 3:16; Ephesians 5:19)
- Giving thanks “well” by the Spirit (1 Corinthians 14:15-17)

2. With our mind

“Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. Each of you should look not only to your own interests, but also to the interests of others. Your attitude should be the same as that of Christ Jesus....” Philippians 2:3-5

- Obedient, intelligent worship (2 Corinthians 10:5)
- Praying with the understanding (1 Corinthians 14:15)
- Praising with the understanding (Psalms 47:6-7)

### 3. With our emotions

“Whatever you do, work at it with all your heart, as working for the Lord, not for men...”  
Colossians 3:23

“Never be lacking in zeal, but keep your spiritual fervor, serving the Lord” Romans 12:11

“But the Lord is in his holy temple; let all the earth be silent before him.” Habakkuk 2:20

- Shout and clap hands unto the Lord (Psalms 47:1)
- Praise Him aloud with the congregation (Psalms 22:25)
- Rejoice and express thanksgiving (Psalms 100:1,4; Philippians 4:4)
- Be silent before the Lord (Psalms 46:10; Hebrews 2:20)

### 4. With our bodies

“Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body.” 1 Corinthians 6:19-20

- Kneeling in worship (Philippians 2:9-10)
- Bowed heads (Micah 6:6-8)
- Raised heads (Psalms 3:3,4; Hebrews 4:16)
- Lifted hands (Lamentations 3:40-41; Psalms 63:3,4)
- Waved praise (Leviticus 9:21)
- Dancing with joy before the Lord (Psalms 149:3; 150:4; 30:11)